



ONCOLOGY CLINIC



Food And Drug Interactions

Medicines

Precautions to be Taken

ANALGESICS (Aspirin and Nonsteroidal Anti - inflammatory Drugs (NSAIDs))

ASPIRIN, OTHER
SALICYLATES
IBUPROFEN
KETOPROFEN
NAPROXEN

This medicines may cause stomach upset & should be taken with milk or food. Don't take these drugs in combination, and don't take with anticoagulants such as Coumain without discussing risks with your doctor or pharmacist. Gastrointestinal bleeding may result from improper or excess use.

COX - II INHIBITORS
CELECOXIB

May take with or without food.

NARCOTIC ANALGESICS

MORPHINE, CODEINE

Cause drowsiness. Avoid alcoholic beverages. May cause constipation and stomach upset. Take with milk or food.

PHENAZOPYRIDINE

Take 1/2 hour before meals with a full glass of water. May change colour of urine.

ANTIBIOTICS

AMOXICILLIN

Absorption unaffected by food.

CEPHALOSPORINS

For best results, take on an empty stomach. (1 hour before meals or 2 hours after meals). If stomach irritation occurs, take with milk or light snack, i.e. crackers.

ERYTHROMYCINS

May take with food if stomach upset occurs. Avoid taking with citrus food, juices & carbonated drinks.

LINEZOLID

Avoid food high in tyramine.

METRONIDAZOLE

May cause stomach upset. Take with food. Avoid alcoholic beverages, as nausea & vomiting may occur.

NITROFURANTOIN

May cause stomach upset. For best results, take with milk or food. May change colour of urine.

PENICILLINS

Take on an empty stomach.
(01 hour before meals or 02 hours after meals).
Take with a full glass of water. Avoid taking with citrus foods or citrus juices & carbonated beverages.

QUINOLONES

Avoid antacids 02 hours before and 03 hours after taking medication. Take with a full glass of water.

TETRACYCLINE

Avoid iron & calcium supplements, antacids, and milk & products. For best results, take on an empty stomach.
(01 hour before meals or 02 hours after meals).

ANTICOAGULANTS

WARFARIN

Avoid alcoholic beverages, aspirin, aspirin - like products and nonsteroidal anti-inflammatory medicines (NSAIDs) such as Avil, Motrin, Aleve, unless you have checked with your doctor.

Medicines**Precautions to be taken****CARDIOVASCULAR DRUGS****ACE INHIBITORS**

Take on an empty stomach. Avoid herbal products.

DIGOXIN

Take oral dose after morning meal. Avoid antacids, cough, cold and allergy products & appetite suppressants. Avoid the herbal products.

DIPYRIDAMOLE

Take 01 hour before meals with a full glass of water.

DILTIAZEM

Take before meals. Avoid herbal products.

QUINIDINE

May cause stomach upset. Take with food.

NITRATES

Avoid alcoholic beverages. Take on an empty stomach (01 hour before or 02 hours after meals.)

DIURETICS**FUROSEMIDE**

May cause stomach upset.

THIAZIDES

Take with milk or food.
Include high potassium foods in diet.

SPIRONOLACTONE

May cause stomach upset. Take with milk or food.
May need to limit high potassium foods.
Check with your Doctor.

GASTROINTESTINAL PREPARATIONS**ONDANSETRON**

Take 15-30 minutes before meals. May cause constipation & headache.

DOMPERIDONE

Take 15 minutes before meals.

METOCLOPRAMIDE

Take 1/2 hour before meals. May cause drowsiness.
Avoid alcoholic beverages.

RANITIDINE**PANTROPRAZOLE****OMEPRAZOLE****LANSOPRAZOLE****RABEPRAZOLE**

Take before any meals.

LAXATIVES

Take with 08 ounces of water.

INERALS**IRON (Ferrous sulfate, other various brands)**

Take after meals or with food.
Do not take with tetracycline or antacids.

POTASSIUM CHLORIDE

May cause stomach upset. Take after meals or with food and a full glass of water.

Medicines	Precautions to be taken
MISCELLANEOUS	
ALPRAZOLAM	Take with milk or food. Avoid alcoholic beverages.
ANTIDEPRESSANTS Amitriptyline, Citalopram, Fluoxetine, Paroxetine, Sertraline, and other antidepressants	Avoid alcoholic beverages. Avoid herbal products.
Barbiturates	May cause drowsiness. Do not take with alcoholic beverages or medicines with antihistamines. Avoid the herbal products.
Carbidopa / Levodopa	May cause stomach upset. Take with food.
Corticosteroids Prednisone, Prednisolone, Hydrocortisone	May cause stomach upset. Take with food.
Phenytoin	Take with food to increase absorption and reduce stomach irritation. Avoid alcoholic beverages. Avoid the herbal products.
Theophylline	May cause stomach upset. Take with food & water. Side effects are increased by caffeinated food such as coffee, tea, cocoa cola & chocolate. Avoid the herbal products.
HYPOGLYEMIC AGENTS (Always keep sugar sachet when you take these medicines)	
INSULIN	Consult with your dietician or doctor about diet and exercise
GLIPIZIDE	Take 1/2 hour before meals.
METFORMIN	Take 15 Minutes after meal.
GLIMEPIRIDE	
ROSIGLITAZONE	May take with or without meals.
ANTIFUNGAL	
FLUCONAZOLE VORICONAZOLE	Can take with or without meal. Avoid alcoholic beverages.



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